

Name: _____

STARDREAMERS®

- Inspiring Children to Reach for Their Dreams -

StarDreamers' Land of YesYouCan
Student Workbook – Program A

YES, I CAN!

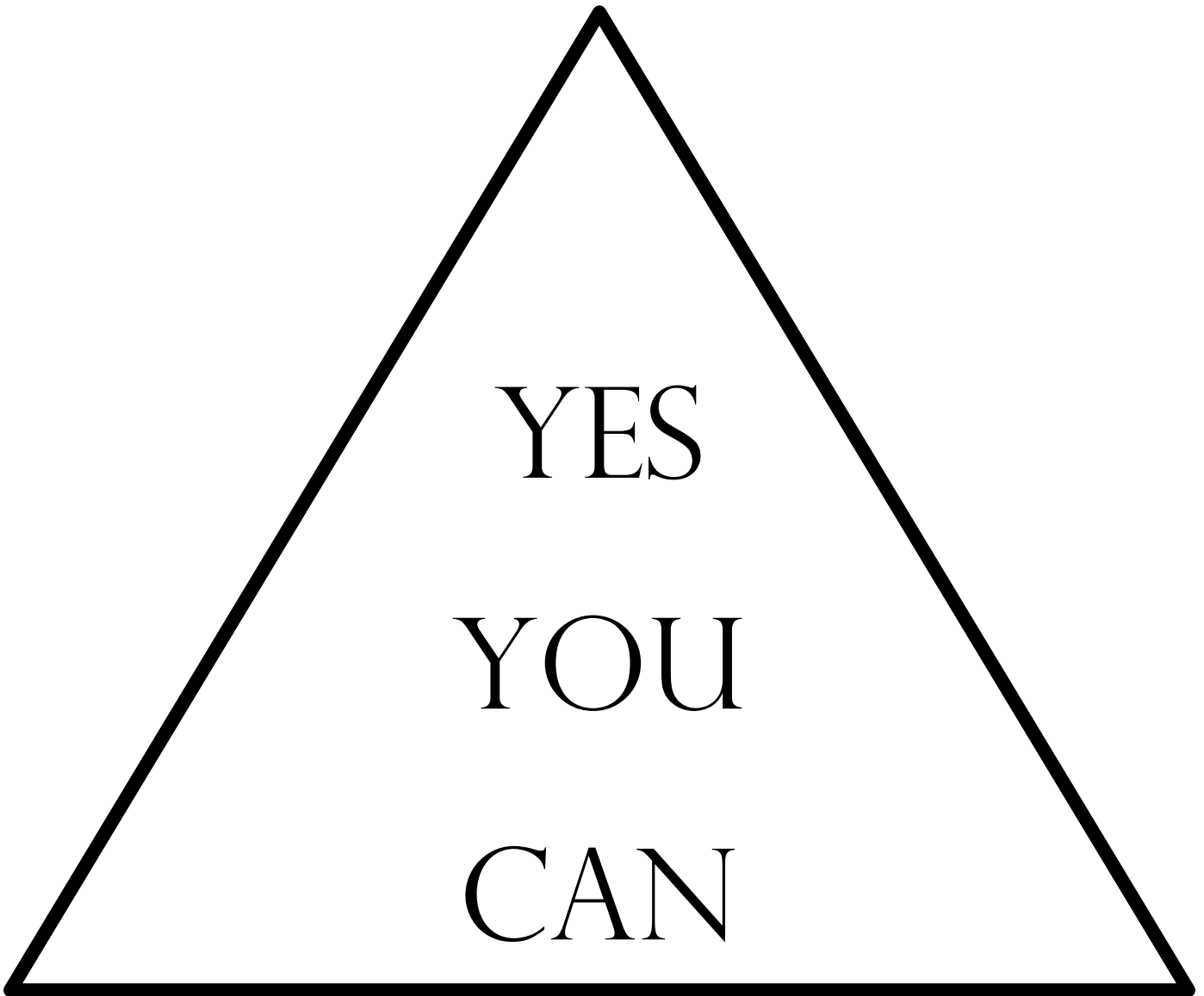
YES, YOU CAN!

YES, WE CAN!

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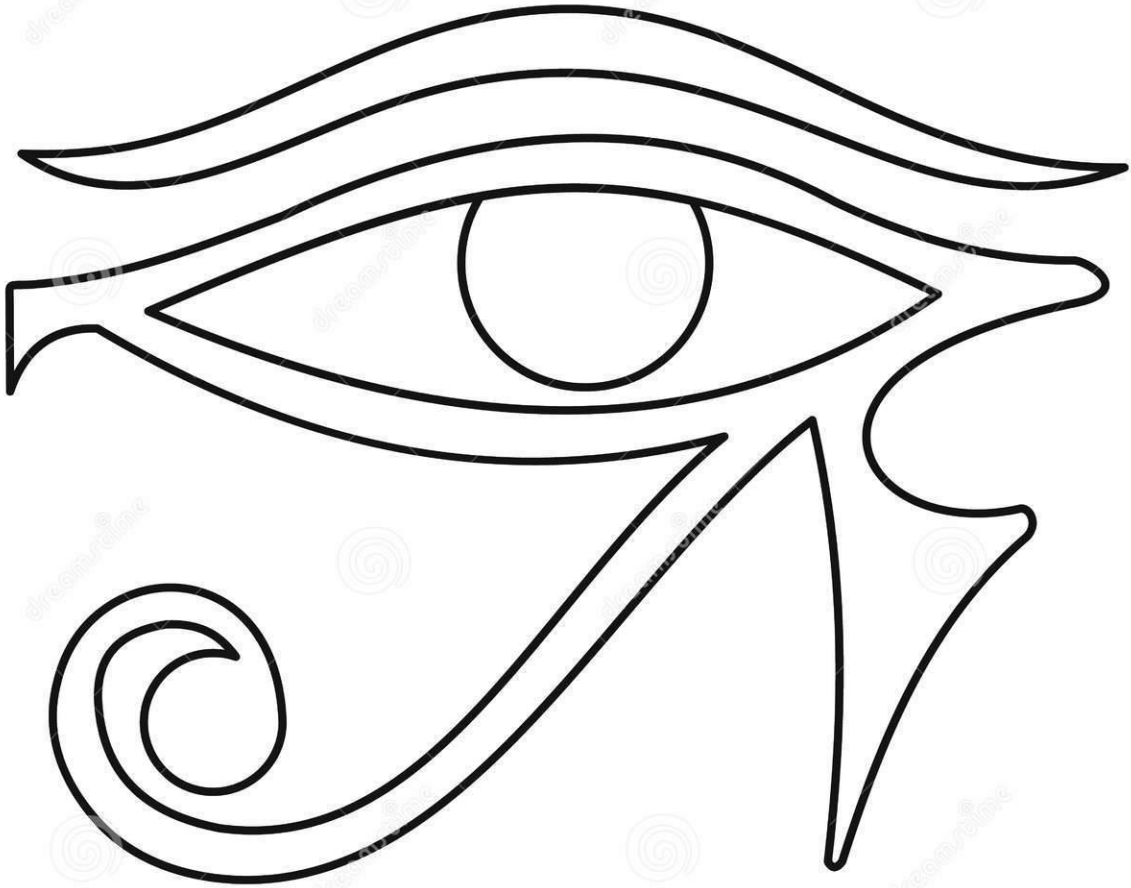
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COLOR YOUR “YesYouCan” PYRAMID



Why is a “YesYouCan” attitude important to you?

COLOR THE “YesYouCan” SEE SUCCESS EYE



Write the “YesYouCan” success you want to see and be.

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Positive Song for the Day

Let's listen to the end

Let's read this song together.

Yes You Can

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Verse 1:

You must believe that you can make it
Though others try and put you down
Sometimes it's hard for you to take it
Feels like you're gonna sink and drown
It's at this time that you must understand
And just believe with all your heart
You've got to rise up and then make a stand
And just start

Chorus:

**Understand, make a plan, just say yes
Yes you can.
Understand make a plan, just say yes
Yes you can.
Yes you can make it.
You surely will achieve, if you will just believe
Yes you can go far, believe it in your heart
Say yes I am a star, yes you can
Say yes you can, I know I can**

Verse 2:

Every morning when you wake up
So full of all your hopes and dreams
Got to push to make them happen
No matter how hard it may seem

Chorus

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Never give up, keep your head up
Never give up
Keep on pushing baby
You can make it happen
But you've got to keep your eye to the sky
And hold your head up high

Chorus

Verse 3:

See the greatness inside you
Let your starlight shine on through
Do your best to see your dreams come true
Good things happen in their time
Keep the faith, don't change your mind
Keep your head held up, never giving up

Chorus

1) What is this song about?

2) Which words in this song are most important to you? Why?

3) Make up your own "YesYouCan" dance and teach it to others!